



Project Summary

Date:
19/3/17

Project Name	Mental Health Community Hubs	Author	Gail Woodcock
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1 Summary of Project

The purpose of this project is to provide safe, effective evidence based psychological treatment for mild-moderate “common mental health problems” in the community, aligned with primary care. The initiative will support self-management principles and seeks to build community capacity and improve the psychological wellbeing and functioning of the population. It is also anticipated that the initiative will address the current high level of unmet need for this population and improve accessibility for the appropriate level of service.

The project will involve the creation of a Primary Care Mental Health Hub in each Locality. Each “hub” will include a team of 0.5FTE Clinical Psychologist and 2FTE Primary Care Psychologists. This team will receive referrals from GPs, and will support Link Workers by offering training and expertise on tiered model and appropriate referrals. The initial project duration will be two years.

2 Anticipated Benefits

- Reduction in patient symptoms and improvements in functioning and wellbeing
- Enabling targeted individuals to return to the workplace
- Easy access to appropriate support in the local community
- Reduced pressure on GP workload
- Improved levels of clinical support for care providing staff
- Reduction in spend on physical health conditions
- Reduction in costs to provide health and social care services (based on current models)
- Reduction in costs to wider public purse (i.e. out of work benefits.)

Note: these anticipated benefits will be measured, via appropriate indicators, during the project period.

3 Financial Implications

Expenditure		
Staffing Resources (assumes 1% uplift in year 2)	£504,956	£510,006
Equipment Costs (ICT Equipment)	£10,000	
Sub-Total	£514,956	£510,006



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Revenue Receipts and Grants		
Primary Care Transformation Fund (Mental Health)	£417,725	£417,725
Access Funding	£44,668	£44,668
Integrated Care Fund	£5,572	£622
Core Budget (Nursing Budget)	£46,991	£46,991
Sub-Total	£514,956	£510,006

4 Exit Strategy

Following one full year of operation, the difference in a range of appropriate indicators will be measured to identify whether the anticipated benefits are being achieved. A number of these anticipated benefits, if realised, could support the mainstreaming of this initiative if real cash benefits could be achieved.

If the anticipated benefits are not achieved, the project will be closed during year 2.

If some of the anticipated benefits are achieved and others are not, further work will be undertaken to determine the benefits of continuing this way of working compared to current working systems.